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EXETER CHIEFS RUGBY MATCHDAY PROGRAMME

CLUB NEWS

TONGAN STAR TAIONE SET TO SAY HIS GOODBYES

Elvis Taione says Exeter Chiefs will forever hold a special place in his heart after it was confirmed he will leave the Gallagher Premiership club at the end of the season.

The popular Tongan is set to bring the curtain down on a seven-year stint in Devon - and will continue his rugby career with the Ospreys in Wales next season.

He will follow club-mate Tomas Francis in moving to the Liberty Stadium, having made 91 appearances and scored seven tries for the Chiefs.

Taione joined Rob Baxter's squad in 2014 from Championship outfit Jersey Reds, and has been very much part and parcel of the Chiefs, helping them to lift two Premiership titles, as well as the Heineken Champions Cup.

Capped 29 times by his country, Taione was also part of their squad for the 2015 Rugby World Cup.

A powerful scrummager and destructive force around the field, Taione was quick to highlight the experiences of his time with the Chiefs.

"It's been an unbelievable seven years," he said. "I've been lucky to be part of a special group of players and a special club. Throughout my time in Exeter, I've always given everything to the Chiefs jersey and I've loved every minute of playing for the group."

"I not only have so many experiences to take away with me, but also lifelong friends throughout the club. The Chiefs will always hold a special place in my heart and I will be doing everything I can to ensure that I finish my time here on a real high note."

"I want to thank all of my team-mates, the coaches, the staff and, of course, the supporters for everything they have done for me over the years."

Now, Taione is set to prolong his career in the Principality with Toby Booth's Ospreys side in the new-look Pro14 League.

12 SATURDAY 19TH JUNE | 16:30PM

CHIEFS DUO TO MISS SEMI-FINAL AFTER BEING HANDED FOUR-WEEK BANS

Exeter Chiefs have been handed a double blow ahead of today's Gallagher Premiership semi-final against Sale Sharks after key forwards Dave Ewers and Sam Skinner were this week handed four-week suspensions by an RFU disciplinary panel.

Scottish international Skinner was sent off by referee Karl Dickson in the 53rd minute of last Saturday's Round 22 clash against the Sharks for dangerous tackling, contrary to World Rugby Law 9.15.

Ewers, meanwhile, was cited by independent citing commissioner Paul Hull, following the same match. This was for a dangerous tackle on Sale's Simon Hammersley contrary to World Rugby Law 9.15. The incident took place in the 33rd minute of the match.

Both players contested the charges against them, but they were upheld by the independent disciplinary panel comprising Jeremy Summers chair with Mitch Head and Oily Kohn who gave each player a four-week suspension.

WEAR PARK RESTAURANT
EXETER FOOT AND COUNTRY CLUB

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SEMI-FINAL

EXETER CHIEFS vs SALE SHARKS

SATURDAY 19 JUNE | 16:30PM

OFFICIAL MATCH-DAY PROGRAMME

2020/21 SQUAD

DON ARMAND BACK ROW 15	COREY BALDWIN CENTRE 16	OLI BURROWS HOOKER 17	TOM CAIRNS SCrum-HALF 18
RICHARD CAPSTICK BACK ROW 19	FACUNDO CORDERO WING/ FULL-BACK 20	SHEA CORNISH WING 21	LUKE COWAN-DICKIE HOOKER 22
ALEX CUTHBERT WING 23	OLLIE DEVOTO CENTRE 24	DAVE EWERS BACK ROW 25	TOMAS FRANCIS PROP 26

JOHNNY GRAY LOCK 27	TOM HENDRICKSON CENTRE 28	ALEC HEPBURN PROP 29	SAM HIDALGO-CLYNE SCrum-HALF 30
ARCHIE HILL WING 31	JOHNNY HILL LOCK 32	AARON HINKLEY BACK ROW 33	HARRY HOCKING HOOKER 34
JOSH HODGE FULL-BACK 35	STUART HOGG FULL-BACK 36	JACK INNARD HOOKER 37	DAN JOHN FLY-HALF 38
MATT JOHNSON PROP 39	BARRY KARA CENTRE 40	BILLY KEAST PROP 41	JAMES KENNY PROP 42

TODAY'S TEAMS

REFEREE: TOM FOLEY
TOUCH JUDGES: ALEX MANNING & ANTHONY WOODTHORPE
ATTN OFFICIAL: PAUL WATERS
TK: ANDREW PERRE
TMO: CRAIG MARSHALL-REYS

BYRON MESSIAH 14	PAUL DE KLERK 9	ROB DU PREZ 10	MARK TULLAGE 12	SAM JAMES 11	AARON REED 13
BEN CURRY 7	SHARON DU PREZ 8	CORUS WILCE 6	CURTIS LANGDON 5	JOSS HARRISON 4	HARRY WILLIAMS 3
JOHNNY GRAY 27	LUKE COWAN-DICKIE 22	JOHNNY HILL 32	JOE SHARMONDS 26	OLLIE DEVOTO 24	HENRY BAKER 25
JAMES KENNY 42	BILLY KEAST 41	BARRY KARA 40	MATT JOHNSON 39	STUART HOGG 36	JOSH HODGE 35

EXETER CHIEFS REPLACEMENTS: 16 JONAS GIBBS, 17 PAUL MASON, 18 MARCUS STREET, 19 SAM LONCHIE, 20 JAMIE HARRIS, 21 TONY THORNTON, 22 ADAM TAYLOR, 23 JAMIE HARRIS, 24 JONAS GIBBS, 25 PAUL MASON, 26 MARCUS STREET, 27 SAM LONCHIE, 28 JAMIE HARRIS, 29 TONY THORNTON, 30 ADAM TAYLOR, 31 JAMIE HARRIS, 32 JONAS GIBBS, 33 PAUL MASON, 34 MARCUS STREET, 35 SAM LONCHIE, 36 JAMIE HARRIS, 37 TONY THORNTON, 38 ADAM TAYLOR, 39 JAMIE HARRIS, 40 JONAS GIBBS, 41 PAUL MASON, 42 MARCUS STREET.

EXETER CHIEFS V SALE SHARKS 41

JONNY HILL

POSITION: LOCK
HEIGHT: 2.01M (6FT 7IN)
WEIGHT: 119KG (18ST 7LB)

"I've always gone with the flow, I'm quite laid-back and enjoy it as I go."

At various stages of Jonny Hill's career he has looked around and scratched his head, wondering quite how on earth events have occurred, writes WILL KILMER.

From rubbing shoulders with Ellis Genge, Ross Moriarty and Billy Burns at Harpurly College, to ending up as a double-winning Exeter Chief, England lock and now British & Irish Lion, the son of a Shropshire farmer often pinches himself.

"You know when things happen and you just think 'I don't know what actually went on there'?" He says with a little grin, still flustered from his selection by Warren Gatland at the start of last month.

EXETER CHIEFS V SALE SHARKS 43

ZEHNDER PRODUCT BROCHURE

Integrated Ventilation Systems for Social Housing

Contents

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Poor ventilation - an age old problem

Condensation and mould in houses are an age old problem, and the need to safeguard against these issues hasn't gone away. In fact, the increased focus on reducing air leakage around our homes means ventilation is needed more than ever.

Our homes need air to breathe and of course, that air needs to be of good quality.

Some homes are warm and comfortable because of modern heating systems, sufficient insulation, and double glazing that prevents heat loss - but without adequate ventilation, it may lead to causing discomfort or even health problems.

This issue is exacerbated due to a greater number of people spending more time indoors, therefore contributing to factors that fuel mould and condensation.

Impacts on indoor air quality

Many things contribute to the quality of air within a house.

Although they aren't visible, common pollutants such as dust, dust mites, pollen, bacteria, and viruses affect the air we breathe.

Air quality and ultimately our health and well-being, is impacted too by volatile organic compounds (VOCs). These are produced by a wide range of everyday items such as cleaning products, air fresheners, scented candles, polishes, hairspray and toiletries.

Also, without effective ventilation, cooking, bathing and showering can contribute towards mould and condensation. Natural ventilation can't counter these problems effectively.

Today's building regulations state acceptable levels for indoor air pollutants, which inform ventilation rates for houses, including:

- NO₂** Nitrogen dioxide
- CO** Carbon monoxide
- TVOC** Total volatile organic compound

Integrated Ventilation Systems for Social Housing

We endeavour to provide expert climate solutions that deliver on cost, practicality and energy efficiency.

01 Ventilation

Our ventilation systems work to create a fresh and healthy indoor environment - ensuring effective circulation, to deliver purity to the air you breathe.

02 Radiators

Our radiators are designed to bring warmth, design and functionality to your home in equal measure - all whilst conserving as much energy as possible.

03 Heating and cooling systems

Whilst the weather may constantly be changing, our heating and cooling systems deliver complete climate control - providing energy efficient solutions that you can count on.

Solutions

Integrated Ventilation Systems for Social Housing

Contents

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T: +44(0) 1276 605800
zehnder.co.uk | greenwood.co.uk

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Greenwood

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always the best climate

Integrated Ventilation and Heating Systems for Social Housing

Integrated Ventilation Systems for Social Housing

Accreditations, Certifications and Assurances

SMART™ Technology

Smart™ technology is integrated in a selection of our dMEV fans and MVHR units, to ensure your ventilation systems operate as intended.

To achieve this, they need to be adaptable to the ever-changing environment. Inbuilt sensors ensure your ventilation systems operate cost effectively to help reduce household bills. This all adds up to reducing your carbon footprint and possibly increasing the value. Smart™ technology makes sense across an innovative settings that deliver effective ventilation for houses every day of the year.

Revolutionary way of using humidity levels to provide effective ventilation in domestic properties all year round.

A logical approach to timer operation used in domestic ventilation fans and whole house systems - putting a stop to nuisance running in the middle of the night.

Innovative design controls and features on Greenwood products that are simply there to make on-site set up and commissioning the easiest it can be - see how wireless and touchpad technology can make life simpler.

This innovative technology ensures a home has fresh air 95% days a year, especially in warmer summer months.

Ensures the ventilation system is protected from extreme temperatures during winter months, whilst also providing a comfortable and balanced indoor environment 95% days a year.

An innovative combination of the most efficient components and design means that these products are among the top performing in their classification method when compared against standard market alternatives.

Integrated Ventilation Systems for Social Housing

Radiators

Designed to provide exceptional performance and energy efficient operation, our radiators look good - whether in the living room, bedroom or bathroom.

Our products

Towel Warmers

- Extensive range covering practical and design-led products.
- Manufactured in stainless steel and aluminium, with a multitude of colour and finish choices.
- Horizontal and vertical options.

General Purpose Radiators

- Range of radiators available to support individual room requirements.
- Exceptional manufacturing processes and quality standards.
- On the shelf and bespoke options.

Aluminium Radiators

- Fast response to heat demand requirements.
- Highly thermal efficient.
- Lightweight.

Electric Room Radiators

- Compact and energy efficient.
- Comply with Lst 20 of the Energy Efficiency Directive.
- Integrated controls allow for customisation to user requirements.

Dual-Energy Radiators

- Conventional radiators featuring an electric element.
- Deliver all year warmth and comfort in the bathroom.
- Provides warmth when central heating is not in use.

LST (Low Surface Temperature) Radiators

- Developed for where safety is the primary consideration.
- Functional design, smooth panels and rounded edges.
- Comply with fire risk guidelines, ensuring temperature requirements are not exceeded.

Crossfold Electrical Wholesalers are specialists supporting the UK social housing sector, we have been working with Zehnder Greenwood for nearly 30 years. Having access to a comprehensive range of products from one supplier, renowned for their quality, longevity and performance is important for our customers.

DERMATONICS 6PP BROCHURE

At Dermatonics, we deliver a wide range of effective products which have been scientifically proven to treat skin on feet, hands and body.

Made from vegan and vegetarian friendly ingredients, our Natural Care range has been carefully formulated for a selection of skincare conditions – from cracked heels and dry hands, to tired legs and itchy feet.

Suitable for people with diabetes, these products are proven to improve the look and feel of skin – producing visible results within a matter of days and pampering skin back to life!



BRITISH BRAND

As a British brand, we manufacture our wonderful skin creams right here on home soil – so you can expect the highest standards of quality with each purchase.

ALL OF THE KEY BENEFITS OF OUR NATURAL CARE RANGE AT A GLANCE!

	24-hour moisture	Vegetarian	Vegan	Perfume free	Pampering	Smells good	Unisex appeal	True science
HEEL BALM (25% urea)	✓	✓				✓	✓	✓
HARD SKIN REMOVING BALM (10% urea)	✓	✓	✓		✓	✓	✓	✓
DRY SKIN CREAM (10% urea)		✓	✓			✓	✓	✓
ULTRA-COOL FOOT GEL	✓	✓		✓		✓	✓	✓
SOOTHING FOOT CREAM (10% urea)	✓	✓		✓		✓	✓	✓
HAND BALM (10% urea)		✓	✓			✓	✓	✓
DEODORISING FIZZY FOOT FOAM	✓				✓	✓	✓	✓
NAIL RECOVERY GEL (20% urea)		✓				✓	✓	✓

Discover our Natural Care range in some high street stores at dermatonics.co.uk

THE PRESCRIPTION RANGE

We also provide a specialist range which is available on prescription from healthcare professionals, as well as online at dermatonics.co.uk – to intensively treat skin conditions.

Once Heel Balm

Our Once Heel Balm is a 'once a day' treatment for callused and hard foot skin, which is widely prescribed for patients with dry skin – particularly in relation to diabetes. It contains 25% urea, which is a natural moisturiser – and has proven to successfully remove pre-ulcerative callus in up to 96% of high risk diabetes patients within 14 days.

"I work at routine Diabetic Foot Assessment clinics and your Dermatonics Once Heel Balm is always the main emollient which I recommend to my patients – I see the best results from it."

PODIATRIST

Ultraveen Itch Relief Cream

Our Ultraveen Itch Relief Cream protects and hydrates dry skin which is prone to eczema, psoriasis or itchiness. The formula increases hydration, which soothes the skin and reduces the itchy sensation. Perfume free, with 3% Finnish colloidal oatmeal, as well as 5% urea.

Once Callus Removing Balm

Our Once Callus Removing Balm delivers a 'once a day' treatment which has been scientifically developed for the removal of callus, hyperkeratosis and plaque – largely occurring on feet and hands. It contains 25% urea and is suitable for people with diabetes.

Dry Skin Balm

Our Dry Skin Balm has been designed for the treatment of rough, dry and anhidrotic (a reduced ability to perspire) skin – as well as skin which is particularly prone to cracking. It contains 10% urea and is suitable for people with diabetes.

Introducing Our Natural Care Range

For Healthy and Happy Skin

Vegan and vegetarian friendly natural skincare for feet, hands and body

MEET THE PRODUCTS

Our Natural Care skin creams are here to provide an all pampering, fast-acting and highly effective solution to dry skin, including skin prone to eczema and psoriasis.

HEEL BALM WITH MANUKA HONEY 25% UREA

Our Heel Balm with New Zealand Manuka Honey hydrates and draws moisture to the skin, making it ideal for people with very dry feet. It absorbs quickly, with a pleasant scent that appeals to both men and women – and provides visible results from day one.

"I absolutely love the Heel Balm and recommend it to all my patients."

KW, PODIATRIST

HARD SKIN REMOVING BALM 10% UREA

Our Hard Skin Removing Balm is beautifully scented with an appealing sweet blossom aroma. Moisturising shea butter and hydrating Swedish oat lipids work together to gently remove unsightly hard skin – for smooth and beautiful feet, with visible results in just 24 hours.

"After one use, the cream made my heels extremely soft and I was confident in wearing sandals – highly recommend to everyone."

NM, CUSTOMER

DRY SKIN CREAM 10% UREA

Vegan-friendly, our Dry Skin Cream provides intense moisturisation for dry skin on the feet, legs and body. Containing 10% urea, as well as nourishing ingredients such as olive and papaya, it successfully soothes, hydrates and protects skin to eliminate dryness.

"I've been using this cream on all of my clients for the past few weeks. Myself and the clients are loving it. I will definitely be ordering more."

TE, CUSTOMER

ULTRA-COOL FOOT GEL

Our Ultra-Cool Foot Gel contains a refreshing blast of mint, to help reduce foot odour – working alongside ingredients such as horse-chestnut, arnica and New Zealand Manuka Honey, to also relieve hot and tired feet or legs.

"Best foot gel I've ever brought!"

LS, CUSTOMER

SOOTHING FOOT CREAM 10% UREA

Delivering noticeable results in just one day, our Soothing Foot Cream contains urea and colloidal oatmeal to treat dry skin and relieve itchy feet – with a perfume-free formula for those with sensitive skin. Containing 10% urea, it can also hydrate and protect dry and rough skin from cracking, as well as improve its appearance.

"These products are absolutely lovely and effective. I've had numerous clients asking for details so they could purchase themselves."

VB, PODIATRIST

HAND BALM 10% UREA

Featuring hydrating shea butter, our ever-popular Hand Balm provides an effective treatment for rough, dry hands. Containing 10% urea, a natural moisturiser proven to improve skin hydration – in turn, reducing cracking. It also includes papaya juice, as well as olive oil to nourish the skin.

"I have received lovely messages saying how good the Dermatonics Hand Balm is, and I think in future I will certainly be stocking more of it in clinic."

LS, FOOTCARE PROFESSIONAL

TOENAIL CLIPPERS

Featuring sharp blades to provide a smooth and precise edge, our Toenail Clippers are ideal for cutting thick nails.

DOUBLE SIDED FOOT FILE

With two contrasting sides for gentle yet effective exfoliation, our Double Sided Foot File removes hard skin to produce soft and supple feet.

COMING SOON...

Keep checking our website to discover the launch of the following Natural Care products!

DEODORISING FIZZY FOOT FOAM

Our Deodorising Fizzy Foot Foam instantly cools, deodorises and refreshes hot, tired feet – producing a unique fizzing sensation to revive the skin, as well as featuring menthol and New Zealand Manuka Honey.

WARTS 'N' ALL

Our Warts 'n' All gel is a treatment for the removal of warts and verrucas. Composed of 26% salicylic acid, the formula is designed to be used once a day – and also includes New Zealand Manuka Honey.

NAIL RECOVERY GEL

Our Nail Recovery Gel is a urea-based nail treatment, formulated to quickly improve the appearance of dry and discoloured nails – featuring an easy-to-use brush applicator, as well as New Zealand Manuka Honey for a pleasant scent.

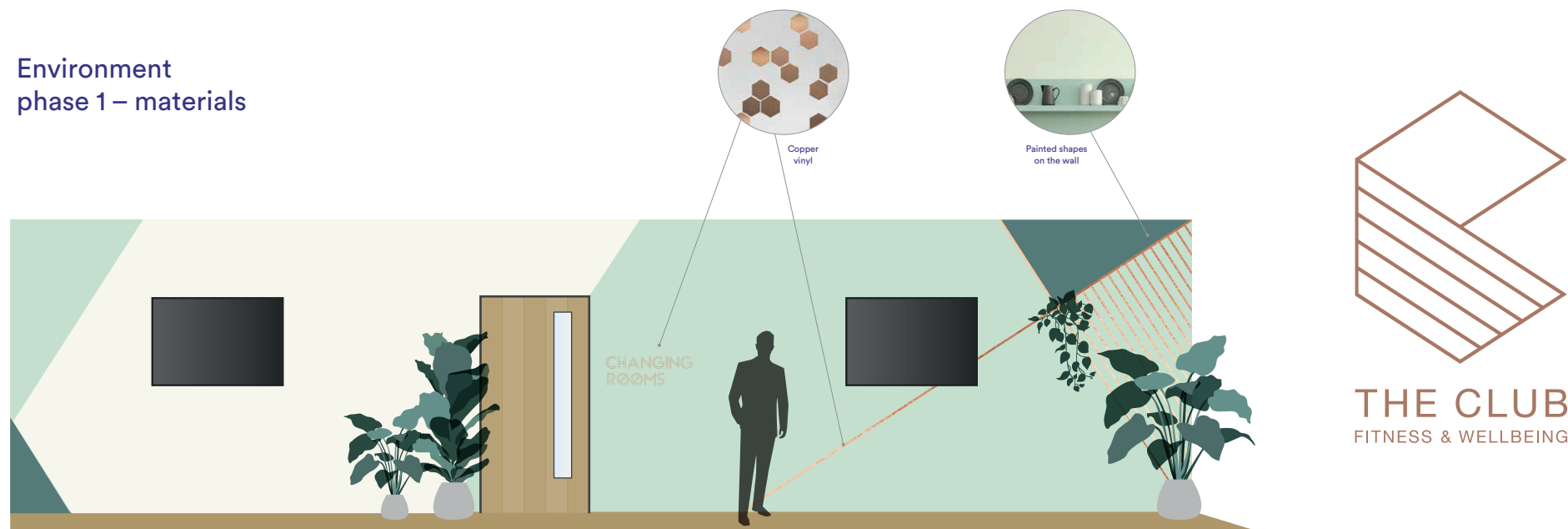
Suitable for vegetarian

Suitable for vegan and vegetarian

* Currently unavailable

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Environment phase 1 – materials



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Join online

- Comprehensive range of cardiovascular and resistance gym equipment
- Functional training rig
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- The Club App to monitor progress
- Personal training (see website for additional costs)

Opening times:
Monday – Thursday: 6.30am – 9pm | Friday: 6.30am – 6pm
Ground Floor, Building X, 64 Clarendon Road
T: 01923 350490 | cm@theclubwellness.com | theclubwellness.com/uk

* Membership only available to TX associates



Now open
Join online now
Memberships only £19.99 pm
theclubwellness.com/uk

Want to have a look around?

We are busy getting new members inducted, so if you have not yet joined, then drop in to one of our open days for a tour of the facilities

26 April, 29 April and 3 May

Fitness

Open to members

- Technogym cardiovascular and resistance gym equipment
- Technogym 'skill' treadmills & bikes
- Queenax functional training rig
- Stages flight cycling studio
- Instructor lead classes including yoga, pilates, box, HIIT, TRX
- Virtual classes by fitness on demand
- Free-weight area

Wellbeing

Open to members & non-members

- 2x wellness rooms
- Physiotherapy and Sports massage*
- Beauty therapies*
- Pop up wellness events

* These treatments are chargeable but discounted up to 25% on high street prices

Ground Floor, Building X, 64 Clarendon Road
cm@theclubwellness.com theclubwellness.com/uk

Opening Hours

Monday-Thursday 6.30am – 9pm & Friday 6.30am – 6pm

KENWOOD COOKEASY+ USER GUIDE

IN THE BOX

DANS LA BOITE • NELLA SCATOLA • EN LA CAJA

KNIFE BLADE
• COUTEAU HACHOIR
• LAMA COLTELLO
• CUCHILLA

STIR TOOL
• MÉLANGEUR
• MESCOLATORE
• PALA DE REMOVER

WHISK
• ÉMULSIONNEUR
• FRUSTA
• BATIDORA DE VARILLAS

SLOW COOK PLUG
• ADAPTATEUR FOND PLAT
• PRESA PER COTTURA LENTA
• ADAPTADOR DE COCCIÓN LENTA

SPATULA
• SPATULE
• SPATOLA
• ESPATULA

WEIGHING BOWL
• BOL DE PESAGE
• CIOTOLA DI PESAJE
• BOL DE PESAJE

CHUTE
• CHEMINÉE
• SCIVOLO
• TUBO

STEAMER
• CUISEUR VAPEUR
• CESTELLO PER COTTURA A VAPORE
• BANDEJA DE VAPOR

CONDENSATION TRAP
• BAC RÉCUPÉRATEUR DE JUS
• VANO PER CONDENZA
• DEPÓSITO DE CONDENSACIÓN

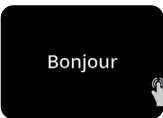
DIRECT PREP
• LA RÂPE/ÉMINCEUR
• DIRECT PREP
• DIRECT PREP

5 DISCS
• 5 DISQUES
• 5 DISCHI
• 5 DISCOS

GETTING STARTED

COMMENCONS • COME INIZIARE • INICIAR

TOUCH THE SCREEN • TOUCHEZ L'ÉCRAN
TOCCARE LO SCHERMO • TOCA LA PANTALLA



CHOOSE YOUR LANGUAGE
• CHOISISSEZ LA LANGUE
• SCEGLIERE LA LINGUA • ESCOGE TU IDIOMA



CHOOSE YOUR UNITS
• CHOISISSEZ VOS UNITÉS
• SCEGLIERE LE UNITÀ • ESCOGE LA UNIDAD



PRESS TO CHOOSE YOUR THEME
• CHOISISSEZ VOTRE FOND D'ÉCRAN
• PREMERE PER SCEGLIERE IL TEMA
• PULSA PARA ESCOGER UN TEMA

TO GET CONNECTED

POUR SE CONNECTER • COME COLLEGARSI • PARA CONECTARSE

DOWNLOAD THE KENWOOD WORLD APP

Kenwood World app compatible with the latest version of IOS and Android.

TÉLÉCHARGEZ L'APPLICATION KENWOOD WORLD

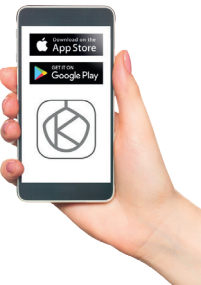
L'application Kenwood World est compatible avec les versions IOS et Android les plus récentes.

SCARICARE L'APP KENWOOD WORLD

App Kenwood World compatibile con le ultime versioni di IOS e Android.

DESCARGA LA APLICACIÓN KENWOOD WORLD

La aplicación Kenwood World es compatible con las últimas versiones de IOS y Android.



CREATE AN ACCOUNT

Create your personalised account and enjoy a new connected kitchen experience. Keep your favourite recipes in one place and share with your friends.

CRÉEZ UN COMPTE

Créez votre compte personnalisé et profitez d'une nouvelle expérience de cuisine connectée. Stockez vos recettes préférées et partagez-les avec vos amis.

CREA UN INDIRIZZO

Crea il tuo conto personalizzato e goditi una nuova esperienza in cucina collegata. Conserva le tue ricette preferite in un solo posto e condividile con i tuoi amici.

CREA UNA CUENTA

Crea una cuenta personalizada y disfruta de la nueva experiencia que supone la cocina conectada. Guarda tus recetas favoritas y compártelas con tus amigos.



KENWOOD

COOKEASY+

ALL IN ONE COOKER

- ROBOT MULTIFONCTION CUISEUR
- FOOD PROCESSOR 'ALL IN ONE'
- ROBOT TODO EN UNO



COOKEASY+ QUICK START GUIDE

COOKEASY+

QUICK START GUIDE • GUIDE DE DÉMARRAGE RAPIDE • GUIDA RAPIDA • GUÍA DE INICIO RÁPIDO



- 7 SETTINGS • PARAMÈTRES
• IMPOSTAZIONI • AJUSTES
- 8 WEIGHING MODE • MODE PESAGE
• MODALITÀ DI PESATURA • FUNCIÓN DE PESAJE

COOKEASY+ QUICK START GUIDE • GUIDE DE DÉMARRAGE RAPIDE • GUIDA RAPIDA • GUÍA DE INICIO RÁPIDO

DIRECT PREP

LA RÂPE/ÉMINCEUR



- 8 RELEASE BUTTON
• COMMANDE DIRECTIONNELLE
• TASTO DI RILASCIO
• BOTÓN DE LIBERACIÓN

POSITION 1

POSITION 1 • POSIZIONE 1 • POSICIÓN 1

TO USE THE DIRECT PREP INTO THE BOWL
• POUR UTILISER LA RÂPE/ÉMINCEUR DANS LE BOL
• PER USARE IL DIRECT PREP NELLA CIOTOLA
• PARA USAR EL DIRECT PREP DENTRO DEL BOL



POSITION 2

POSITION 2 • POSIZIONE 2 • POSICIÓN 2

TO USE DIRECT PREP OUT OF THE BOWL
• POUR UTILISER LA RÂPE/ÉMINCEUR DANS UN SALADIER
• PER USARE IL DIRECT PREP FUORI DALLA CIOTOLA
• PARA USAR EL DIRECT PREP FUERA DEL BOL



COOPERVISION ADVERT & BOTTLE COLLAR



clariti[®] 1 day

UV Blocking
30 silicone hydrogel
daily disposable contact lenses

CooperVision[®]

clariti[®] 1 day
toric

UV Blocking
30 silicone hydrogel
daily disposable contact lenses

CooperVision[®]

clariti[®] 1 day
multifocal

UV Blocking
30 silicone hydrogel
daily disposable contact lenses

CooperVision[®]

Healthy eyes are happy eyes with clariti[®] 1 day^{1,2*}

Your life demands freedom and convenience. Your eyes deserve contact lenses with health benefits. Get the best of both with clariti[®] 1 day. Daily disposable contact lenses made from a highly breathable material², with added UV protection.*

Healthy lens wear.^{1,2*}
Daily disposable lenses for the **healthiest modality**;¹ silicone hydrogel material for **high breathability** to ensure your eyes get plenty of oxygen,² plus, a built-in **UV blocker**.*

Long-lasting comfort.
WetLoc™ Technology keeps moisture locked in the lens for comfort that lasts all day.

Superb vision.
Whether you have short or long sight, have astigmatism (toric) or presbyopia (multifocal) needs, clariti[®] 1 day is **designed for superb vision**.

Convenience every day.
A **soft, yet easy-to-handle** lens for easy application and removal, plus a **fresh new pair every day** means no cleaning solutions or storage cases.

Visit your local
Costco Opticians or
costco.co.uk/optical
for more information
or to book an
appointment

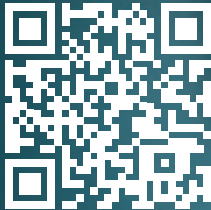
1. Data on file. Daily disposable lenses are the healthiest way to wear soft contact lenses.
2. With higher oxygen permeability than hydrogel materials, silicone hydrogel contact lenses minimize or eliminate hypoxia-related signs and symptoms during lens wear.
*. Warning: UV-absorbing contact lenses are not substitutes for protective UV-absorbing eyewear, such as UV absorbing goggles or sunglasses, because they do not completely cover the eye and surrounding area. Patients should continue to use UV-absorbing eyewear as directed.

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coopervision.co.uk/minipac2020



CooperVision[®]
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UNIVERSITY OF SURREY, UG BROCHURE



UNIVERSITY OF SURREY

0445 0558

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UNIVERSITY OF SURREY

BIOSCIENCES AND MEDICINE

UNDERGRADUATE STUDY 2019

BIOSCIENCES AND MEDICINE

BIOSCIENCES ARE THE KEY TO UNDERSTANDING THE FUNDAMENTAL PROCESSES OF LIFE, FROM THE BEHAVIOUR OF SINGLE CELLS TO ENTIRE ECOSYSTEMS.

As a biosciences student, you'll investigate life in all its forms and gain skills that could transform and improve lives in this broad area of science.

1ST FOR OVERALL SATISFACTION IN NSS 2017

[surrey.ac.uk/subjects/biosciences-and-medicine](#)
+44 (0)1483 682 222
[admissions@surrey.ac.uk](#)

10TH IN THE COMPLETE UNIVERSITY GUIDE 2019

WHY STUDY THIS BIOSCIENCES AND MEDICINE AT SURREY?

Our biosciences courses are ranked in the top 10 in the Guardian University Guide 2018. We were also ranked 1st for overall satisfaction in biology in the 2017 National Student Survey (NSS).

Our School of Biosciences and Medicine has a vibrant research community and an innovative teaching and learning environment. You'll be taught by internationally recognised researchers and gain extensive practical, analytical and research skills that will let you make a real impact in the workplace. Our world-leading research means you'll be learning at the cutting edge of this exciting field of study, while our connections and networks with industry will give you vital experience and enhance your employability.

Our impressive reputation and teaching are matched by the practical laboratory experience we offer, which we've recently expanded further with £2.5m investment in our pioneering Innovation for Health Learning Laboratory.



ALL OUR BIOSCIENCES AND MEDICINE COURSES

- BSc Biochemistry
- BSc Biological Sciences
- BSc Biomedical Science
- BSc Microbiology
- BSc Sport and Exercise Science
- BSc Veterinary Biosciences

*Course includes Professional Training placement

TYPICAL ENTRY REQUIREMENTS
A-level: ABB
IB: 32 overall
Please refer to our website for full details of our entry requirements.

REQUIRED SUBJECTS
Chemistry or Biology and a second science or Mathematics.

WHY CHOOSE THIS COURSE
Surrey is one of the UK's leading universities for biological sciences, with our courses ranked sixth in the Complete University Guide 2019 and sixth in the Guardian University Guide 2018.

The School of Biosciences and Medicine is home to a vibrant research community and an innovative teaching and learning environment.

Surrey in a moment

A SMALL PEEK AT THE BIGGER PICTURE

MAKING DREAM JOBS REAL JOBS

We seamlessly connect our students to the world of work with Professional Training placements, which we offer in partnership with over 2,300 organisations. Almost all our courses can include a placement, which could help you discover your future career.

GETTING AHEAD

We're one of the best universities in the UK for graduate employability. Our courses are designed to give you the tools and experience you need to get the job you want.

ONE OF THE BEST UNIVERSITIES IN THE UK

We've established ourselves as a top university in major national university league tables. We're also rated highly by our own students: 90 per cent of our graduating students said they were satisfied with us in the National Student Survey 2017.

A CAMPUS BUILT FOR YOU

We're always working to make our campus the best it can be for you. We've invested over £200m in our student accommodation, as well as £16m on our library, over £30m on our sports park and more in recent years.

SURREY.AC.UK

2,300+ PROFESSIONAL TRAINING PARTNERS

93% OF OUR GRADUATES ARE IN EMPLOYMENT OR STUDY AFTER 6 MONTHS* HESA 2016

£200m+ SPENT ON STUDENT ACCOMMODATION

90% STUDENT SATISFACTION IN THE NATIONAL STUDENT SURVEY 2017

TEF Gold Teaching Excellence Framework

GOLD IN THE UK'S FIRST TEACHING EXCELLENCE FRAMEWORK

BIOCHEMISTRY

[surrey.ac.uk/undergraduate/biochemistry](#)

Award	UCAS code	Duration
BSc (Hons)	C700	3 years
BSc (Hons)	C702	4 years*

*Course includes Professional Training placement

TYPICAL ENTRY REQUIREMENTS
A-level: ABB
IB: 32 overall
Please refer to our website for full details of our entry requirements.

REQUIRED SUBJECTS
Chemistry or Biology and a second science or Mathematics.

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The School of Biosciences and Medicine is home to a vibrant research community and an innovative teaching and learning environment.

WHAT YOU WILL STUDY

Biochemistry is the study of the fundamental processes of life at the cellular level that deals with fascinating subjects such as metabolism, molecular biology, neuroscience, pharmacology and sleep.

As a biochemistry student, you will gain extensive practical skills in our internationally renowned, research-oriented environment so that you are prepared to work at the forefront of developments in this exciting field.

This course will give you a very sound and broad background in biochemistry. You will have opportunities to familiarise yourself with state-of-the-art biochemical methodology and sample some of its most intriguing applications.

YEAR 1	Module title	Status	Semester	YEAR 2	Module title	Status	Semester	YEAR 3	Module title	Status	Semester						
YEAR 1	CELL BIOLOGY	Compulsory	1	YEAR 2	BIOCHEMISTRY: ENZYMES AND METABOLISM	Compulsory	1	YEAR 3	RESEARCH PROJECT	Compulsory	Year-long						
	AN INTRODUCTION TO THE MICROBIAL WORLD	Compulsory	1		YEAR 2	MOLECULAR BIOLOGY AND GENETICS: FROM GENES TO BIOLOGICAL FUNCTION	Compulsory		1	YEAR 3	BIOCHEMISTRY: RECEPTORS AND ENERGY METABOLISM	Compulsory	1				
	INTRODUCTION TO PRINCIPLES OF PHYSIOLOGY AND PRACTICAL SKILLS	Compulsory	2			YEAR 2	CELLULAR MICROBIOLOGY AND VIROLOGY		Optional		1	YEAR 3	CLINICAL PHARMACOLOGY AND PHARMACOKINETICS	Optional	1		
	PRACTICE AND BIOMEDICAL BACTERIOLOGY	Optional	2				YEAR 2		INTEGRATION OF PHYSIOLOGICAL SYSTEMS		Compulsory		1	YEAR 3	ADVANCED PHARMACOLOGY - SELECTED TOPICS	Optional	1
	EVOLUTIONARY ORIGINS OF BIOCHEMISTRY	Optional	2						YEAR 2		ANALYTICAL AND CLINICAL BIOCHEMISTRY		Compulsory		2	YEAR 3	BIOMEDICAL MICROBIAL PRODUCTS
BIOCHEMISTRY - A CONCEPTUAL OVERVIEW	Compulsory	2	YEAR 2	CELLULAR COMMUNITIES AND INTERACTIONS				Optional			2		YEAR 3		CANCER, PATHOGENESIS AND THERAPEUTICS		Optional
MOLECULAR BIOLOGY AND GENETICS: GENES AND THEIR FUNCTION	Compulsory	2		YEAR 2	INTRODUCTION TO PHARMACOLOGY			Compulsory		2	YEAR 3				NEUROSCIENCE FROM MOLECULES TO MIND		Optional
EXPLORING BIOCHEMISTRY	Compulsory	1			YEAR 2	INTRODUCTION TO TOXICOLOGY		Optional		2		YEAR 3			BIOLOGICAL RHYTHMS		Optional
THE MOLECULES OF LIFE	Compulsory	1				YEAR 2	PATHOLOGY AND MEDICINE	Optional		2				YEAR 3	SYSTEMS BIOLOGY		Optional
YEAR 2	YEAR 2	Optional					1	YEAR 2	PHARMACOLOGY: INTRODUCTION TO DRUG ACTION	Compulsory					2	YEAR 3	ENDEMOLOGY OF INFECTIOUS DISEASES
	YEAR 2	Optional	1				YEAR 2		NEUROSCIENCE FROM NEURONES TO BEHAVIOUR	Optional			1		YEAR 3		INTRODUCTION TO MATHEMATICAL BIOLOGY
	YEAR 2	Optional	1	YEAR 2									YEAR 3				HUMAN GENETICS IN THE 21ST CENTURY
	YEAR 2	Optional	1		YEAR 2							YEAR 3					MECHANISTIC TOXICOLOGY AND PHARMACOKINETICS
	YEAR 2	Optional	1			YEAR 2								YEAR 3			

Module disclaimer
Modules listed are indicative, reflecting the information available at the time of publication. Please note that modules may be subject to teaching availability and/or student demand. See the course pages on our website for full details about choosing optional modules.

SURREY STORM NETBALL, MATCHDAY PROGRAMME

 Micaela AUSTIN Charmaine BAARD Ada BOLOKORO Sig BURDER Rhea DIXON Jade FORBES-WATLEY Emily GIUVIN Kaitie HARRIS Tallia HAYNES Kaiti HOLLAND (C) Lorraine KOWALIEWSKA Georgia LEES Yasmin PARSONS Emily PORTER Jo TRIP DIRECTOR OF NETBALL Tania HOFFMAN TEAM MANAGER Becky HARRISON-SMITH ASSISTANT COACH Jane LOMAX ASSISTANT COACH Dani MUGIROGE	 Halliott ADDO Sophia CANDAPPA Jade CLARKE Rachel DINN Georgia FISHER Any FLANAGAN Taran GREENWAY Lucy HARRIS Natalie HATHORNWATTE Jesse BUCKLE Hannah KNIGHTS Samantha MAY Renise STOLTZ Monique THOMPSON Fran WILLIAMS DIRECTOR OF NETBALL Taran GREENWAY ASSISTANT COACH Neil HARFIELD			
NEXT 3 HOME FIXTURES <table> <tr> <td>  28 May 2018 7pm </td><td>  2 June 2018 6pm </td><td>  9 June 2018 6pm </td></tr> </table> follow storm on social media @sunreystormnetball @sunreystorm @sunreystorm		 28 May 2018 7pm	 2 June 2018 6pm	 9 June 2018 6pm
 28 May 2018 7pm	 2 June 2018 6pm	 9 June 2018 6pm		

“ LOSING HURTS NO MATTER
WHETHER IT’S BY 1 GOAL OR 10,
AND WE REALLY WANT TO GET
” BACK TO THAT WINNING FEELING



What do you think it will take to turn Storm's fortunes around this season?

We feel like we're putting out performances to be proud of but tired of not coming away with the win. We work so hard in training to right the wrongs of previous matches so that when we get to showcase in front of our amazing crowd, they can cheer us on with pride. I think we really have the bit between our teeth at the moment after running Team Bath so close and I'm sure we'll go into the Wasps game with a real dogged determination to grind out a result.

People say that league tables don't lie but the games this season have been closer than your position suggests – how does it feel to have come so close on so many occasions?

It's great to run so close to pretty much every team we've faced. That gives us confidence going into return fixtures, especially now we're finally playing at home. Having so many back-to-back away games was a real mental and physical test for us but to be honest losing hurts no matter whether it's by 1 goal or 10, and we really want to get back to that winning feeling.

[f](#) [t](#) [in](#)

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THE DIRECTOR OF NETBALL

TANIA HOFFMAN



Last week's game against Team Bath was a cracker but we just couldn't clinch the win! Our completion rate on turnovers is something we will need to address heading into tonight's game.

The team has been working hard to improve individual and team performances and want to bring that effort to game day to demonstrate that with more consistency we can beat any team in this league.

“ **THANK YOU FOR THE SUPPORT
AND ATMOSPHERE YOU BRING
” TO OUR HOME GAMES**

We welcome Wasps to Surrey Sports Park who are currently top of the table. We will need to bring a complete performance to end their winning streak and to bring the Tom Raseigh Trophy back to the Sports Park.

As you will have seen in social media due to the Visa sponsorship held by Surrey Storm, and my contract unable to be extended, I will be leaving Storm at the end of the season. I am committed to Storm until then and I will continue to focus on making sure we deliver on court.

As always we thank you for the support and atmosphere you bring to our home games that we are proud to play in front of.

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THE REPORT VS BATH

Surrey Storm suffered a heart-breaking loss at the hands of Team Bath at Surrey Sports Park as they fell to a 5-goal defeat despite a valiant fight throughout the tie.



• *Prayer of the match*

Fresh off the back of their first home win of the season against Celtic Dragons, Storm looked to maintain their home form.

From the get go it was clear it was going to be an incredibly tight contest, Bath coming off better in the first quarter with a 16-19 lead.

The second quarter followed the same pattern, both sides working tirelessly to match the other. Storm found themselves 26-28 down at the half-time break.

Storm excelled in the third quarter, Jo Trip and Lorraine Kowalewska shutting down the Bath attack while Kellie Harris and Sigi Burger netted goal after goal.

The team's exceptional play throughout the penultimate quarter gave them a 39-37 advantage heading into the final period.

However it would be Bath who took control in the final stanza, and despite moments of brilliance, Storm fell agonisingly short as the match finished 51-56.



GK TRIP
 GD HOLLAND
 WD HAYNES
 C PARSONS
 VA LEESE
 GA HARRIS
 FB BURGER



GK BECKFORD-CHAMBERS
 GD BURCON
 WD AILSON
 C RITCHIE
 VA SHAW
 GA DRAKEFORD-LEWIS
 FB CORBIN

SUBS
 AUSTIN
 BRAD
 KOWALEWSKA
 SCOTT
 FORBES-WATLEY

SUBS
 LEWIS
 PATELIN
 REED
 SCOTT
 VIREELA

BURGER	26/29	93%	CORBIN	25/25	100%
HARRIS	23/25	92%	DRAKEFORD-LEWIS	13/13	100%
TEAM	51/54	94%	LEWIS	18/23	78%
			TEAM	56/61	92%

surrey**storm**netball.co.uk

REMEMBERING

TOM REISEIGH



Saturday 29 October 2016 saw the netball world shaken by the loss of one of the most passionate and courageous people in the game. Tom Reiseigh was respected by players, coaches and volunteers across the globe, which has pushed his legacy beyond levels that such a humble man would expect.

“ TOM SET THE BAR EXTREMELY HIGH FOR ALL TEAM MANAGERS FOLLOWING IN HIS FOOTSTEPS

Tom started his Storm career back in December 2014, as Team Manager of the NRL squad whilst lending support to the club throughout. He then made the step into the Superleague set-up in the same role and was ever-present on the sidelines throughout Storm's back-to-back title winning seasons.

“Tom set the bar extremely high for all team managers following in his footsteps” said Storm title winning captain Hannah Knight (née Bird). “He went above and beyond to ensure we were in the best possible position to achieve our goals and he played a huge role in our success.”

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sunreystormnetball.co.uk

THE STATS

TOP SHOOTERS

Player	Games	Goals	Attempts	Shooting %
	20	282	263	91%
	11	154	123	88%

Player	Games	Goals	Attempts	Shooting %
	4	2	3	100%
	7	47	71	66%
	10	5	10	80%

TOP INTERCEPTS

Player	Games	Intercepts
	11	32

TOP REBOUNDS

Player	Games	Offensive Rebounds
	10	6
	10	5

Player	Games	Defensive Rebounds
	11	16

All stats correct as of 13th May 2018

		P	W	L	+	-	GD	Pts
1	 Wasps Netball	11	11	0	713	495	218	33
2	 Loughborough Lightning	12	9	3	705	581	124	27
3	 Team Bath	11	8	3	582	522	60	24
4	 Manchester Thunder	11	8	3	626	570	56	24
5	 Brencocks Mavericks	11	8	3	612	562	50	24
6	 Surrey Storm	11	3	7	593	607	-14	9
7	 Severn Stars	11	3	8	521	573	-52	9
8	 Team Northumbria	12	2	10	548	687	-139	6
9	 Celtic Dragons	10	2	7	435	406	+71	6
10	 LWS Strers	10	1	9	432	564	-132	3



May Half Term Netball Camp

Learn to play with the Storm players and coaches this May Half Term!

Tuesday 29 May - Friday 1 June

School years 3 - 12

From £23.40 per child

All camps take place at Surrey Sports Park - the home of Surrey Storm!

Book online at surreystormnetball.co.uk



CAPER & BERRY WEDDING SUMMER MENU 210x210mm



DESSERTS

Chocolate and Honeycomb
Decadent chocolate mousse with our gooey chocolate brownie and honeycomb

Potted Lemon, Raspberries and Vanilla
Zesty Sicilian lemon posset served with fresh raspberries, berry compote and a vanilla cream all presented in our beautiful kilner jars!

Dates, Toffee & Salt Caramel
A classic light date sponge with a rich toffee sauce and amazing salt caramel ice cream

Chocolate Eton Mess
Crumbled chocolate meringues, chocolate Chantilly cream, our homemade raspberry compote and fresh berries all topped with our chocolate crunch!

Our Berry Cheesecake
Fantastic summer berries, decadent cheesecake, little berry jellies and sweet baby basil

SHOTS AND POTS

Our little “Shots and Pots” are an amazing end to a meal – the chance to have three different desserts that will be brought to your table in gorgeous boxes – something different that all your guests will remember*

*£2.50 supplement

White Chocolate and Raspberry Tiramisu
Fresh raspberries, raspberry liqueur, mascarpone cream and a little sponge cake

Jelly and Cream
A huge hit – brightly coloured jellies layered with a set cream

Cappuccino Brulee
A light coffee infused brulee topped with our crunchy chocolate granola

White Chocolate and Cherry Cheese Cake
White chocolate cheese cake, biscuit base and cherry compote

Chocolate, Salt Caramel and Popping Candy
Velvety double chocolate mousse layered with salted caramel and topped with popping candy

Lemon Posset with Blueberries
A light creamy zesty posset topped with amazing fresh blueberries

Banoffee Pie
A biscuit crumb, fresh banana, rich toffee and topped with vanilla cream and chocolate shavings

Eton Mess
Goosey meringues, vanilla cream, berry compote and fresh berries

Prosecco and Peach Jelly
Our take on a classic peach Bellini served as an incredibly fresh jelly

Hendricks and Cucumber
Hendrix gin and tonic jelly with compressed cucumber

Double Chocolate
An intense chocolate mousse, little cubes of freshly baked brownies and a crushed honeycomb

Passion Fruit and Orange Meringue Pie
A sharp passion fruit and orange cream with a biscuit base and a baby meringue

FASHIONABLE FITNESS, BRAND DOCUMENT

OUR
BRAND



FASHIONABLE FITNESS

THE IMAGES

Black and White with an instagram filter effect (sutro).

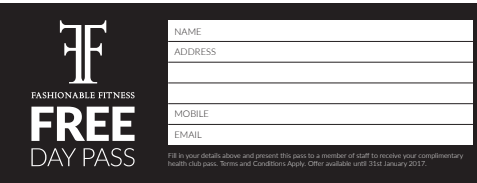
Add the brand yellow accent colour to the image (always try to place the yellow on a light colour, otherwise it will appear dark and muddy).



THE FLYER

- Clean, clear, limited text.
- Strapline (underlined)
- Key messages in circles.
- Strong image.
- List of facilities.
- Day pass.
- Contact details.





THE OFFERS

Offers on printed material (flyers, posters) to be in a outlined black/yellow circle.

Key message to be in bold and capitals.



GUILDFORD INTERNATIONAL MUSIC FESTIVAL, DL BROCHURE



UNIVERSITY OF SURREY

The information in this brochure is available in large print on request.

All details are correct at the time of going to press. We reserve the right to change the programme or artists if circumstances dictate.

For further information, please contact the Festival Box Office on 01483 444334

The Guildford International Music Festival is a non-profit making enterprise organised by the University of Surrey in collaboration with Guildford Borough Council.

GUILDFORD BOROUGH

GUILDFORDINTERNATIONALMUSICFESTIVAL.CO.UK
SURREY.AC.UK/ARTS



UNIVERSITY OF SURREY

GUILDFORD INTERNATIONAL MUSIC FESTIVAL
13-22 MARCH 2015

GUILDFORDINTERNATIONALMUSICFESTIVAL.CO.UK
SURREY.AC.UK/ARTS

Friday 13 March

Guildhall, High Street, Guildford GU1 3AA

£16
£13 conc
£3 students/U18

Tickets include Talk and Concert in Holy Trinity Church

SPONSORED BY PENNINGTONS MANCHES

Holy Trinity Church, Guildford GU1 3HH

Tickets (for concert only)
£15
£12 conc
£2 students/U18

SPONSORED BY PENNINGTONS MANCHES

TENEBRAE

A stunning opening to the Festival, this wonderful vocal ensemble will perform a beautiful programme featuring the music of Will Todd, one of the UK's most popular and performed modern choral composers who is based in Guildford. The programme features *The Call of Wisdom* which was presented on the occasion of a Service of Thanksgiving at St Paul's Cathedral for the Diamond Jubilee of HM Queen Elizabeth II. The full programme is available on the website.

SPONSORED BY PENNINGTONS MANCHES

1 Tourist Information Centre 2 Ivy Arts Centre

Friday 13 March 6pm

Tenebrae: Pre Concert Talk
Nigel Short and Will Todd

Award-winning conductor and former King's Singer Nigel Short will discuss tonight's programme with composer Will Todd, whose work is featured in this evening's concert.

SPONSORED BY PENNINGTONS MANCHES

1 Tourist Information Centre 2 Ivy Arts Centre

Friday 13 March 7:30pm

Tenebrae
Opening Gala Concert

"one of the country's most outstanding vocal ensembles"
Evening Standard
"more polished choral singing would be hard to find anywhere."
BBC Music Magazine
"the enthusiasm of the large crowd that packed into the Church for Tenebrae's concert ... shows that there is a hunger for what this finely polished group has to offer."
The New York Times

A stunning opening to the Festival, this wonderful vocal ensemble will perform a beautiful programme featuring the music of Will Todd, one of the UK's most popular and performed modern choral composers who is based in Guildford. The programme features *The Call of Wisdom* which was presented on the occasion of a Service of Thanksgiving at St Paul's Cathedral for the Diamond Jubilee of HM Queen Elizabeth II. The full programme is available on the website.

SPONSORED BY PENNINGTONS MANCHES

1 Tourist Information Centre 2 Ivy Arts Centre

Friday 13 March

The Guildford Institute, Ward Street GU1 4LH

£10 on the night
£9 in advance

The Music INSTITUTE Guildford

Friday 13 March 7:30pm

The Music Institute Folk Club present
Laurel Swift & Ben Moss

Laurel is a musician, dancer and choreographer of the national dance troupe Morris Offspring. Ben is a folk arts practitioner and dancer. Together they deliver rich vocal harmonies and punchy arrangements of traditional songs and tunes infused with a great energy and bounce honed by years of dancing. Three fiddles, two voices, one melodeon and possibly even a pair of clogs.

themusicinstitute.org.uk

Friday 13 March 7:30pm

Alasdair Roberts Folk Singer

"A master of scordatura techniques on the guitar... an exceptional lyricist..." The Wire

This intimate performance will be tugging on your heartstrings and have you hypnotized by Alasdair's skilful guitar playing and his authentic folk vocal tones. Expect a direct and personal show, with romantic rawness at points.

Presented by The Boileroom.

1 Tourist Information Centre 2 The Electric Theatre 3 The Boileroom

Friday 13 March 9pm

Presenting Emerging Music

Presenting Emerging Music nights are a place where up and coming artists from Guildford can showcase their talents with professional sound engineers and to a busy pub in the heart of Guildford. Come on down to enjoy some of the best local acoustic acts around.

Sunday 15 March

Guildford Cathedral, Stag Hill GU2 7UP

Free

GUILDFORD CATHEDRAL

Sunday 15 March 6:30pm

Festival Service: Choral Evensong

Responses: Moore
Psalm: 27
Magnificat and Nunc Dimittis: Sancti Johannis Cantabrigiense - Philip Moore
Anthem: Lo, the full final sacrifice – Gerald Finzi
Organ voluntary: Fugue on the 94th psalm – Julius Reubke

Sunday 15 March 7:30pm

British Folk Song Recital
Joanna Bywater (soprano)
Matthew Rickard (piano)

An evening of British folk songs arranged by Benjamin Britten, Ralph Vaughan Williams, George Butterworth and Ernest Moeran, and two piano arrangements by Percy Grainger. The programme includes Linden Lea, Salley Gardens, The Trees They Grow So High, A Seaman's Life and Three Scotch Folksongs. Joanna Bywater performs with a wide range of repertoire and regularly performs in ensembles including Gabrieli Consort, BBC Singers, Philharmonia Voices and Britten Sinfonia Voices.

Presented by The Music Institute Folk Club.
themusicinstitute.org.uk

The Boileroom

BOILERROOM

Sunday 15 March 7:30pm

Boileroom Promotion

For details please visit the website.

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guildfordinternationalmusicfestival.co.uk

Sunday 15 March

Crimson! UK Premiere Performance

DELTA SAXOPHONE QUARTET

PATS Studio One

£15
£13 conc
£2 students/U18

Pre-Concert Talk - Admission free with ticket for this evening's concert

PRS FOR MUSIC FOUNDATION

ARTS COUNCIL ENGLAND

Sunday 15 March 7:30pm

6pm Pre-Concert Talk
Bill Bruford in conversation with Prof Steve Goss

As a curtain-raiser to tonight's concert, Steve Goss talks to Bill Bruford, King Crimson's drummer for 25 years. Bill will talk about his work with King Crimson, Yes, Genesis and Earthworks.

7:30pm Delta Saxophone Quartet in Concert

Gwilym Simcock, one of the UK's most imaginative jazz composers, joins forces with one of Europe's most distinguished new music ensembles in a premiere performance of *Crimson!*

Crimson! draws its inspiration from the work of the UK progressive rock band King Crimson and combines the skills and tastes of music, somewhere beyond the shores of classical, jazz and rock.

Gwilym Simcock is a winner of the Perrier Award, BBC Jazz Awards 2005 and British Jazz Awards 2005.

Supported by the PRS for Music Foundation & ACE.

1 Tourist Information Centre 2 Ivy Arts Centre

surrey.ac.uk/arts

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MARITIME TRAINING ACADEMY PROSPECTUS



Maritime Training Academy
Tel: +44 (0)1252 739779
Email: courses@maritimetrainingacademy.com
maritimetrainingacademy.com

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Prospectus
2019/20
maritimetrainingacademy.com

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Need a Career Boost?

Turn to the Distance Learning Experts

Why choose the Maritime Training Academy?

Latest Industry Developments
With our strong connections within the marine industry all of our courses are continuously reviewed to keep up to date with industry changes and developments.

Learn as You Earn
Most of our students work full time and study part time. This flexible route to earning a qualification allows you to do as much study as you can, alongside your job. Building your experience and qualifications at the same time also shows employers how committed you are.

Outstanding Teaching
Our study material is written by industry experts, actively working in their specialist fields. We provide outstanding teaching as a result of extensive research and close links within the maritime industry. Our tutors are practising professionals with strong academic and industry backgrounds, with sector-specific skills and practical experience.

International Recognition
Our long established distance learning courses are endorsed by industry associations and our Diplomas are also recognised by the University of Portsmouth.

World-Class Learning
The inspiring thing about studying with us is not just what you learn but how you learn. We have taken flexible learning to a whole new level. We will connect you with the things that inspire you, wherever you are and wherever you come from. Providing high quality distance learning enables you to learn in your own time, at home, on-board or wherever you choose. We are not campus based – reading material is supplied for assignments with regular support from your tutor. We'll challenge you, inspire you, stretch your understanding and make you question ideas that you've always taken for granted – it's truly world-class learning.

Excellent Support and Guidance
You'll enjoy full support throughout your studies, with module tutors to guide, advise and offer comprehensive feedback on your course work. Support is offered by MTA staff and fellow students at tutorials, or as part of the global community of students who can be reached through online student forums and social media sites.

Prospectus 2019/20

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Superyacht Management

Our Superyacht Management Diploma has been specifically developed for yacht management professionals looking to increase their expertise and excel in their career.

About the Course
As a progression from our successful Diploma in Superyacht Operations, the Diploma in Superyacht Management has been developed. This course is specifically designed to cover the specialist knowledge required by those currently working in or making the transition to, the yacht management sector or its divisions. This course will teach you the essential elements of yacht management on a day to day basis. With this Diploma you will develop your knowledge of the superyacht industry from a yacht management perspective, enabling you to fulfil your job role to its maximum potential with greatest efficiency. Module subjects include ownership structures, personnel, logistics and safety management along with other essentials such as technical management, insurance, budgeting and charter management.

Detailed information on module content is available at maritimetrainingacademy.com

Course Structure
The course consists of 12 modules. All students are required to successfully complete and pass the module assignments. Diploma students will also be required to sit and pass a final examination.

Who's the Course Suitable for?
Studying the Diploma in Superyacht Management is particularly aimed at yacht managers, technical managers, charter managers, DPAs and also captains and senior crew looking to make the transition to a shore based support role.

Course Syllabus*

- » Introduction to the Superyacht Industry
- » Management of Safety
- » Emergency Preparation and Response
- » Ownership Structures
- » Logistics of Superyacht Management
- » Budgets and Accounting
- » Management of Security
- » Insurance
- » Technical Management
- » Personnel
- » Essential Law
- » Charter Management

How to Enrol
Register as early as you can for a 1st October 2019 start. The registration period will be kept open until the 31st March 2020. Students can start from the point of enrolment after the 1st October 2019.

Course Enquiries
+44 (0)1252 739779
courses@maritimetrainingacademy.com
maritimetrainingacademy.com

*Material is constantly updated which may effect the order in which modules are released.

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Short Courses

How the Courses Work
The modules are uploaded onto our student web portal, allowing students to access the material at any stage during their course. The modules are available in a PDF format and students are able to download or print the material when required. There will then be an examination at the end of each module. Students will have a maximum of 6 months to complete the course from the date of registration.

The Course
The compulsory module subjects provide the basic knowledge for the whole course.

Course Duration: The course must be completed within 6 months of registration.

The Marking Structure
Examination: Constitutes 100% of the final mark.
Pass Mark: Constitutes examination is 70%.

Course Fees
The course fee of £250 + VAT includes access to the modular material, online examination and certificate.

Payment
Payments are to be made via credit card online at maritimetrainingacademy.com. Please include the card number, card type, issue and expiry dates, security code and address of the card holder. Fees will be refunded in full should applications be declined.

How to Enrol
Complete the application form online. Any questions please contact us on courses@maritimetrainingacademy.com
Tel: +44 (0)1252 739779



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- Cargo Surveying
- Conducting an Inclining Test
- Introduction to Port State Inspections
- Introduction to Ship Surveying
- Introduction to the ISM Code
- Introduction to the Superyacht Industry
- Marine Incident Investigation
- Maritime Emergency Preparation and Response
- Sails and Rigs
- Superyacht Deckhand
- Surveying Yacht and Small Craft Engines
- Surveying Yacht and Small Craft Systems

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Course Director
Alan Dale
Fleet Manager, Burgess

As Ship's Technical Services Manager, Alan was involved in a number of the ship's refurbishment projects.

In 1997 Alan joined the Cunard ISM project team as Technical Adviser. After the implementation of the ISM code, Alan felt it was time for a change and subsequently joined Nigel Burgess Ltd (NBL) in January 1998.

BURGESS

Prospectus 2019/20

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BOOTCAMP PILATES BRAND DOCUMENT

THE LOGO

The Bootcamp Pilates logo can be used in both horizontal or vertical format, depending on the use and purpose.

For a pull-up banner it is advisable to use the vertical version to allow for maximum width and size.

For a vinyl banner it would be recommended to use the horizontal version to allow for maximum width and size.

Examples of both uses are referenced in the brand guidelines.

Horizontal



Vertical

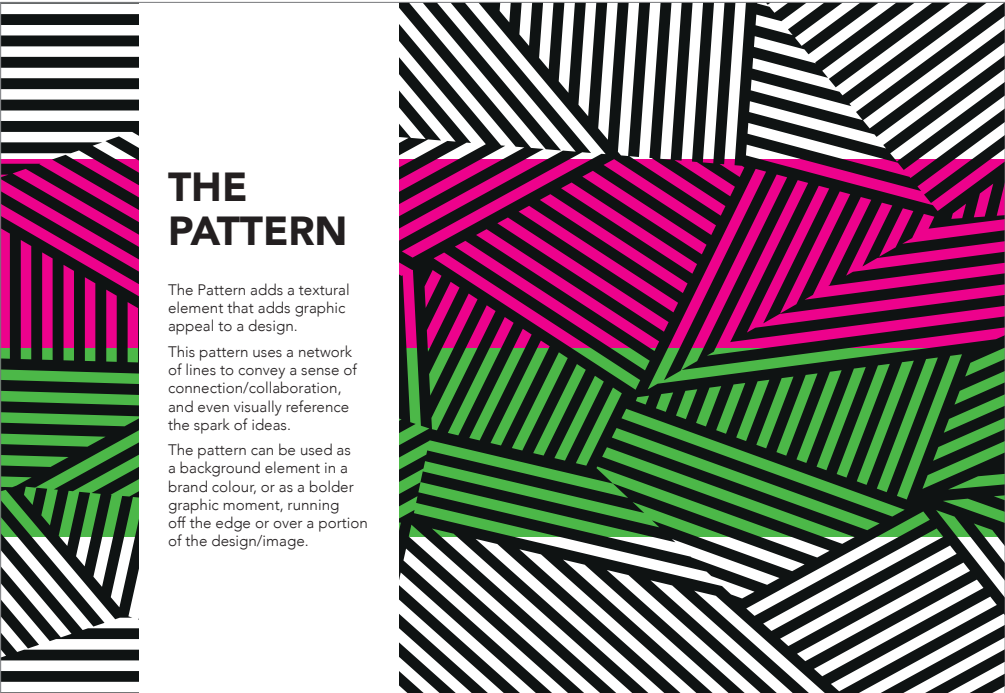


THE PATTERN

The Pattern adds a textural element that adds graphic appeal to a design.

This pattern uses a network of lines to convey a sense of connection/collaboration, and even visually reference the spark of ideas.

The pattern can be used as a background element in a brand colour, or as a bolder graphic moment, running off the edge or over a portion of the design/image.



THE POSTER

- Clean, clear, limited text.
- Key messages in magenta band.
- Strong image.
- Logo.
- Contact details.



THE PULL-UP

- Clean, clear.
- Key message at the top.
- Contact details.
- Pattern background.
- Strong image.

